

Ardingly Swim The Lake - 21 Jun 2016

INTERIM RESULTS

Race

Ardingly Swim The Lake - 3000m (LONG)

Rank	RaceNo	Name	Team	OA	Rems
1	1	Dave Warren (m-I)	Mid Sussex Marlins	00:39:40	
2	2	Andy Tester (m-H)	Worthing SC	00:44:45	
3	3	Sarah Moore (f-H)	Mid Sussex Tri Club	00:44:50	
4	8	Jamie Larkin (m-H)	1066 Triathletes	00:45:56	
5	6	Stuart Durand (m-I)	Brighton Multisports	00:46:03	
6	7	Michaela Furlong (f-H)	Tri Tempo (Eastbourne)	00:47:21	
7	5	Vicki Linton-Crook (f-J)	Brighton Multisports	00:47:46	
8	12	Adrian Elliott (m-G)	Tri Tempo (Eastbourne)	00:47:49	
9	11	Wes Mechen (m-G)	Tri Tempo (Eastbourne)	00:48:18	
10	9	Bethan Male (f-E)	Brighton Tri Club	00:49:00	
11	15	Nikki Gatland (f-D)		00:49:17	
12	21	Ian Abbott (m-I)	Brighton Multisports	00:51:09	
13	14	Bob Novis (m-L)	Brighton Phoenix AC & Tri	00:51:55	
14	18	Neil Smith (m-I)	Tri Tempo (Eastbourne)	00:51:57	
15	19	Kim Brown (f-I)	1066 Triathletes	00:52:09	
16	31	Claire Lockwood (f-F)		00:52:16	
17	13	Martin Davies (m-H)	G29 Wild Swimmers	00:52:21	
18	43	Clare Aquilina (f-K)	Brighton Multisports	00:52:41	
19	32	Steve McMenamin (m-I)	Mid Sussex Tri Club	00:52:42	
20	25	Mark Jordan (m-K)	Mid Sussex Tri Club	00:52:46	
21	20	Simon Wickenden (m-K)	Brighton Tri Club	00:53:19	
22	22	Miles Davidson (m-I)	Brighton Phoenix AC & Tri	00:53:20	
23	16	Kim Fenner (f-I)	Freedom Tri (Crowborough)	00:53:41	
24	33	Jane Gant (f-H)		00:53:54	
25	60	William May (m-J)	G29 Wild Swimmers	00:54:17	
26	17	Darren Howe (m-I)	East Grinstead Tri Club	00:54:21	
27	44	Stuart Pearson (m-G)		00:56:26	
28	59	Richard Shinn (m-H)		00:56:56	
29	35	Russell Bickle (m-G)	Brighton Tri Club	00:57:00	
30	30	Michael Gosling (m-E)	Tri Tempo (Eastbourne)	00:57:12	
31	41	Julie Honess (f-G)	Tri Tempo (Eastbourne)	00:57:15	
32	24	Gemma Lewis (f-F)	Brighton Tri Club	00:57:23	
33	45	Lee Dunstall (m-G)	Tri Tempo (Eastbourne)	00:57:35	
34	23	Elle Breeds (f-G)	Brighton Tri Club	00:57:41	
35	37	Geoff Pike (m-J)	Brighton Tri Race Series	00:57:48	
36	36	Darren Holman (m-G)	East Grinstead Tri Club	00:59:50	
37	34	Mark Derry (m-J)	Brighton Tri Club	01:00:11	
38	4	Simon Hunt (m-I)		01:00:21	
39	28	Steve Delpy (m-G)		01:02:31	
40	68	Rose Wilmot (f-F)	Brighton Tri Club	01:02:44	
41	27	Stephen Osborne (m-H)	East Grinstead Tri Club	01:03:06	
42	61	Mark Penfold (m-J)		01:03:39	
43	69	Karen Pattison (f-I)		01:04:16	
44	46	Mark Templeton (m-H)	Brighton Tri Club	01:04:20	

45	47 Ivan Hunt (m-I)	Bodyworks XTC	01:04:37
46	40 Mike Alexander (m-I)		01:04:43
47	29 Matthew Gibson (m-H)	MAMIL Tri	01:05:10
48	55 John Lardner (m-J)	Mid Sussex Tri Club	01:06:16
49	50 Simon Hodges (m-I)	Mid Sussex Tri Club	01:06:48
50	38 Marc Bunce (m-H)		01:07:09
51	48 Carl Clarke (m-I)		01:08:35
52	56 Amy Jordan (f-F)		01:14:16
53	66 Gwen Morris (f-H)		01:16:26
54	57 Martin Claisse (m-J)	Mid Sussex Tri Club	01:20:51
55	65 Dean Allen (m-K)	Mid Sussex Tri Club	01:24:41
56	52 Natalya Pilbeam (f-H)	Gi Tri	01:28:19
57	62 Claire Scammell (f-H)	Hampshire Police Tri Club	01:32:50

Ardingly Swim The Lake - 1500m (MEDIUM)

Rank	RaceNo	Name	Team	OA	Rems
1	70	Nick Isaacson (m-E)		00:22:28	
2	78	Mik Onions (m-G)	Brighton Tri Club	00:22:33	
3	80	Gina Hobson (f-G)	Mid Sussex Marlins	00:23:04	
4	72	Rebecca Frost (f-B)	East Grinstead SC	00:23:21	
5	79	Joe Pascoe (m-F)	Tuff Fitty Tri Club	00:23:40	
6	76	Dominic Chapman (m-H)	Tuff Fitty Tri Club	00:23:44	
7	85	Izzy Wignall (f-B)	Ocean Lake Tri Club	00:25:07	
8	71	Alice Brooke (f-E)		00:25:13	
9	87	Sarah Huntley (f-F)		00:25:30	
10	75	Neil Giles (m-H)	East London Triathletes	00:25:33	
11	99	Katharine Pearce (f-E)	East Grinstead Tri Club	00:25:48	
12	83	Paul Blackmore (m-J)	Team T.H.E	00:26:09	
13	77	Mark Frost (m-E)	Royal Navy Tri Club	00:26:16	
14	81	Simon Taylor (m-J)	Brighton Tri Club	00:26:18	
15	133	Scott MacKenzie (m-E)		00:26:58	
16	89	Laura Reed (f-E)	Horsham Tri Club	00:28:10	
17	114	David Caryer (m-F)		00:28:53	
18	132	Andrew Carmichael (m-G)		00:29:00	
19	96	Nicky Wilson (m-G)	Swim 1st Tri Club	00:29:08	
20	94	Nicola Wignall (f-J)	Ocean Lake Tri Club	00:29:53	
21	135	Rich Tai-Chidlow (m-G)	Brighton Tri Club	00:30:04	
22	124	Dan Annison (m-E)		00:30:13	
23	116	Richard Jones (m-H)	St Bedes Tri Club	00:30:28	
24	122	Karen Willett (f-K)	Mid Sussex Marlins	00:30:32	
25	134	Simon Button (m-K)		00:30:35	
26	93	Ben Abbott (m-F)	Tuff Fitty Tri Club	00:30:42	
27	58	Steven Dawson (m-F)	Brighton Tri Club	00:30:48	
28	90	Dominique Weller (f-I)		00:31:21	
29	168	Graham Smith (m-H)	Brighton Tri Club	00:31:29	
30	108	Zak Newman (m-H)	Brighton Tri Club	00:32:30	
31	113	Emma Excell (f-F)		00:32:37	
32	117	Ailsa Jardine (f-G)		00:32:46	
33	92	Jamie Grenfell (m-G)	Tri Tempo (Eastbourne)	00:32:57	
34	95	Naomi Scanlan (f-D)	Haslemere Border AC	00:33:32	

35	119	Owain Edwards (m-H)		00:33:35	
36	138	Julie Williams (f-J)	Mid Sussex Tri Club	00:33:41	
37	102	Paul Hammond (m-J)		00:33:44	
38	121	Catherine Bevan (f-J)		00:33:47	
39	101	Mark Staples (m-H)		00:33:52	
40	105	Thomas Sanderson (m-H)	Brighton Phoenix Tri Club	00:33:57	
41	106	Brett Green (m-H)	Tri Tempo (Eastbourne)	00:34:04	
42	125	Katy Petherick (f-F)	Brighton Tri Club	00:34:10	
43	137	Alison Shore (f-J)	Mid Sussex Marlins	00:34:37	
44	118	Bridget Davies (f-I)	Horsham Tri Club	00:34:52	
45	120	Glenn Church (m-G)	Brighton Phoenix Tri Club	00:35:12	
46	109	Paul Virgo (m-J)		00:35:19	
47	100	David Stringer (m-I)	Tri Tempo (Eastbourne)	00:35:23	
48	111	Helene Euston-Mellor (f-I)	Horsham Tri Club	00:35:27	
49	107	Catherine Page (f-G)	Brighton Multisports	00:35:30	
50	139	Jean Fish (f-K)	Mid Sussex Tri Club	00:35:35	
51	110	Rachael Woolston (f-I)	Fitbitch Boot Camp	00:35:37	
52	131	Penny Ellis (f-K)		00:36:12	
53	127	Marie Lynch (f-F)	Brighton Tri Club	00:36:22	
54	136	Roger James (m-K)	Horsham Tri Club	00:38:07	
55	128	Chris Bradford (m-J)	Horsham Tri Club	00:39:34	
56	126	Jim McPherson (m-I)	Horsham Tri Club	00:40:36	
57	123	Hannah Miller (f-E)		00:41:13	
58	54	Charlotte Taylor (f-G)	Brighton Tri Club	00:42:00	
59	159	Joanne Hartland (f-K)	Horsham Tri Club	00:42:02	
60	112	Gemma Dawson (f-F)		00:43:41	
	73	Teresa White (f-H)	Brighton Multisports		DNF_Swim
	86	Brent Furlong (m-M)	Tri Tempo (Eastbourne)		DNF_Swim

Ardingly Swim The Lake - 750m (SHORT)

Rank	RaceNo	Name	Team	OA	Rems
1	141	David Robinson (m-H)		00:11:33	
2	10	Jon Dickinson (m-H)		00:13:00	
3	104	Catherine Harker (f-H)		00:14:31	
4	147	Matthew Sargent (m-H)	East Grinstead Tri Club	00:14:41	
5	148	Debbie Lammiman (f-H)	David Lloyd Port Solent Tri Club	00:15:05	
6	158	Kevin Simmonds (m-G)		00:15:06	
7	145	Mark Wignall (m-A)	Ocean Lake Tri Club	00:15:24	
8	146	Catherine Kitchener (f-L)		00:17:08	
9	144	Lucy Pizer (f-G)		00:17:27	
10	150	Grace Hancock (f-D)	Brighton Tri Club	00:19:14	
11	154	Martin Molloy (m-H)		00:19:28	
12	160	Annie Sidgwick (f-M)	East Essex Tri Club	00:19:42	
13	157	Fiona Baylis (f-I)		00:19:59	
14	155	Peter Barnes (m-K)	Brighton Multisports	00:20:54	
15	115	Sherri Tai-Chidlow (f-G)	Brighton Tri Club	00:21:01	
16	156	Samya Dickinson (f-I)		00:21:22	
17	161	Gemma Rowberry (f-F)		00:23:27	
18	152	Julie Lang (f-G)		00:23:30	
19	167	Rosamund Honey (f-F)		00:23:32	

20	162 Jane Chadwick (f-K)		00:23:35	
21	166 Kim Partridge (f-I)		00:26:17	
22	130 Linda Lowe (f-J)		00:28:56	
23	129 Louise Belrhiti (f-K)		00:29:52	
	163 Alex X Jardine (m-G)			DNF_Swim
	153 Valerie Barnes (f-K)	Brighton Multisports		DNF_Swim