

GP Triathlon, Ringmer Triathlons. Monday 31 August 2009

Printed: 02 Sep 2009 @ 21:34

| overall | | competitor details | | | | | | | AvTmOA | %TmOA /RstlMin | * BTF OA 1st | Remarks | | | | | | |
|---------------------------------------|------|--------------------|-----|------------------------|---------------------------------|-----------------------|-----|---------------------|--------|---------------------|--------------|---------------------|-----|----------|----------|---|---------------------------------|---|
| posn | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | | St'd / Fin-MaxOA(Tm/Posn)-AvPos | |
| Ringmer Sprint (+999 services) | | | | | | swim: | | bike: | | run: | | | | | | | | |
| Fastest 3 Female | | | | | | Result Min/Av Times>> | | 00:10:04 / 00:12:54 | | 00:43:32 / 00:51:16 | | 00:26:33 / 00:31:50 | | 01:36:00 | | | 31 / 29 - (01:56:22/ 88) - 59 | |
| 25 | 1 | fh | 44 | Maria Lees -F | Unattached | 30 | 2 | 00:11:37 | 24 | 1 | 00:43:32 | 37 | 3 | 00:28:30 | 01:23:39 | « | * | |
| 27 | 1 | fi | 73 | Tamar Coleman -f | (1/2) Bodyworks XTC | 24 | 1 | 00:10:50 | 28 | 1 | 00:44:11 | 40 | 2 | 00:28:49 | 01:23:50 | | 0.20% | * |
| 28 | 2 | fh | 51 | Lisa Jones -f | Steyning AC | 25 | 1 | 00:10:54 | 30 | 2 | 00:44:29 | 38 | 4 | 00:28:38 | 01:24:01 | | 0.42% | |
| Fastest 3 Male | | | | | | Result Min/Av Times>> | | 00:08:47 / 00:12:30 | | 00:36:12 / 00:45:00 | | 00:22:44 / 00:29:11 | | 01:26:41 | | | 60 / 59 - (01:53:16/ 87) - 37 | |
| 1 | 1 | me | 100 | Mark Bashford -m | (1/3) East Grinstead Tri Club | 5 | 1 | 00:09:25 | 2 | 1 | 00:36:35 | 2 | 1 | 00:23:09 | 01:09:08 | « | * | |
| 2 | 1 | mh | 93 | Paul Blackmore -M | (2/3) East Grinstead Tri Club | 10 | 2 | 00:09:55 | 1 | 1 | 00:36:12 | 5 | 1 | 00:24:00 | 01:10:06 | | 1.40% | * |
| 3 | 1 | mi | 99 | Andy Eaton -m | Unattached | 1 | 1 | 00:08:47 | 6 | 1 | 00:38:25 | 4 | 1 | 00:23:32 | 01:10:44 | | 2.31% | * |
| Grp A, Youth, Female 15-16 yrs | | | | | | Result Min/Av Times>> | | 00:10:04 / 00:10:04 | | 00:46:53 / 00:46:53 | | 00:28:46 / 00:28:46 | | 01:25:44 | | | 1 / 1 - (01:25:44/ 38) - 38 | |
| 38 | 1 | fa | 80 | Yasmin Coleman -f | (2/2) Bodyworks XTC | 13 | 1 | 00:10:04 | 48 | 1 | 00:46:53 | 39 | 1 | 00:28:46 | 01:25:44 | « | * | |
| Grp H+, Vet, Female 40+ yrs | | | | | | Result Min/Av Times>> | | 00:10:41 / 00:13:18 | | 00:44:11 / 00:51:28 | | 00:27:39 / 00:32:24 | | 01:37:11 | | | 14 / 13 - (01:49:03/ 84) - 62 | |
| 27 | 1 | fi | 73 | Tamar Coleman -f | (1/2) Bodyworks XTC | 24 | 1 | 00:10:50 | 28 | 1 | 00:44:11 | 40 | 2 | 00:28:49 | 01:23:50 | « | * | |
| Grp H+, Vet, Male 40+ yrs | | | | | | Result Min/Av Times>> | | 00:08:47 / 00:13:14 | | 00:38:25 / 00:45:51 | | 00:23:32 / 00:29:54 | | 01:28:59 | | | 22 / 21 - (01:48:02/ 83) - 43 | |
| 3 | 1 | mi | 99 | Andy Eaton -m | Unattached | 1 | 1 | 00:08:47 | 6 | 1 | 00:38:25 | 4 | 1 | 00:23:32 | 01:10:44 | « | * | |
| Open Sprint Summary | | | | | | Result Min/Av Times>> | | 00:08:47 / 00:12:38 | | 00:36:12 / 00:47:04 | | 00:22:44 / 00:30:03 | | 01:29:46 | | | 91 / 88 - (01:56:22/ 88) - 44 | |
| 1 | 1 | me | 100 | Mark Bashford -m | (1/3) East Grinstead Tri Club | 5 | 1 | 00:09:25 | 2 | 1 | 00:36:35 | 2 | 1 | 00:23:09 | 01:09:08 | « | * | |
| 2 | 1 | mh | 93 | Paul Blackmore -M | (2/3) East Grinstead Tri Club | 10 | 2 | 00:09:55 | 1 | 1 | 00:36:12 | 5 | 1 | 00:24:00 | 01:10:06 | | 1.40% | * |
| 3 | 1 | mi | 99 | Andy Eaton -m | Unattached | 1 | 1 | 00:08:47 | 6 | 1 | 00:38:25 | 4 | 1 | 00:23:32 | 01:10:44 | | 2.31% | * |
| 4 | 1 | mg | 89 | Dominic Chapman -m | (1/2) Tuff Fitty Tri Club | 4 | 2 | 00:09:23 | 7 | 2 | 00:38:33 | 3 | 1 | 00:23:14 | 01:11:10 | | 2.92% | * |
| 5 | 1 | md | 69 | Robert Rollings -m | (1/2) Sussex Police Tri Club | 15 | 3 | 00:10:12 | 3 | 1 | 00:37:50 | 8 | 3 | 00:24:54 | 01:12:56 | | 5.48% | * |
| 6 | 2 | md | 377 | Jan Pospisil -m | (1/4) Esporta Brighton | 6 | 1 | 00:09:26 | 9 | 2 | 00:38:58 | 7 | 2 | 00:24:49 | 01:13:13 | | 5.89% | |
| 7 | 2 | mi | 2 | Ian Maddison-Roberts - | Unattached | 7 | 2 | 00:09:31 | 8 | 2 | 00:38:46 | 13 | 2 | 00:25:50 | 01:14:07 | | 7.20% | |
| 8 | 2 | mg | 96 | Gary Brind -m | Unattached | 3 | 1 | 00:09:16 | 5 | 1 | 00:38:17 | 22 | 5 | 00:26:58 | 01:14:31 | | 7.79% | |
| 9 | 1 | mf | 60 | Clive Spicer -m | (2/4) Esporta Brighton | 45 | 4 | 00:12:25 | 4 | 1 | 00:37:54 | 6 | 1 | 00:24:40 | 01:14:59 | | 8.46% | * |
| 10 | 2 | mf | 85 | Jason Legoff -m | (1/2) East Sussex Fire & Rescue | 22 | 2 | 00:10:49 | 10 | 2 | 00:39:07 | 23 | 5 | 00:27:01 | 01:16:57 | | 11.3% | |
| 11 | 3 | mf | 97 | Shane Bridgman -m | Unattached | 14 | 1 | 00:10:09 | 20 | 4 | 00:41:58 | 10 | 3 | 00:25:20 | 01:17:26 | | 12.0% | |
| 12 | 3 | mg | 54 | Dan Marshman -m | Unattached | 31 | 7 | 00:11:38 | 11 | 3 | 00:39:58 | 15 | 3 | 00:26:07 | 01:17:43 | | 12.4% | |
| 13 | 4 | mg | 92 | Paul McCarthy -m | Unattached | 11 | 3 | 00:09:56 | 19 | 5 | 00:41:55 | 14 | 2 | 00:25:52 | 01:17:43 | | 12.4% | |
| 14 | 3 | md | 82 | Andy Statham -m | Unattached | 12 | 2 | 00:10:01 | 41 | 4 | 00:45:20 | 1 | 1 | 00:22:44 | 01:18:05 | | 12.9% | |
| 15 | 2 | mh | 83 | Nick Ripley -m | Unattached | 2 | 1 | 00:08:50 | 14 | 2 | 00:40:56 | 46 | 6 | 00:29:19 | 01:19:05 | | 14.4% | |
| 16 | 3 | mh | 79 | Steve Kircher -m | Unattached | 15 | 3 | 00:10:12 | 22 | 3 | 00:43:24 | 17 | 3 | 00:26:11 | 01:19:47 | | 15.4% | |
| 17 | 1 | mj | 55 | Mike Hawkins -m | Velocity Multisport | 48 | 2 | 00:12:40 | 13 | 1 | 00:40:37 | 21 | 2 | 00:26:48 | 01:20:05 | | 15.8% | * |
| 18 | 4 | mf | 1 | Doran Wyatt -m | Unattached | 58 | 5 | 00:13:03 | 18 | 3 | 00:41:50 | 12 | 4 | 00:25:44 | 01:20:37 | | 16.6% | |

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| overall | | competitor details | | | | swim: | | | bike: | | | run: | | | AvTmOA | %TmOA | * BTF OA 1st | | Remarks |
|---------|------|--------------------|----|----------------------|-------------------------------|-------|-----|----------|-------|-----|----------|------|-----|----------|----------|----------|--------------|--------------------------|--------------------------------------|
| posn | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | /Rst/Min | St'd | Fin-MaxOA(Tm/Posn)-AvPos | |
| 19 | 5 | mf | 59 | Lyndon Meredith -m | Unattached | 34 | 3 | 00:11:48 | 25 | 5 | 00:43:50 | 9 | 2 | 00:25:12 | 01:20:50 | 16.9% | | | |
| 20 | 3 | mi | 76 | Richard Traynor -m | (3/3) East Grinstead Tri Club | 29 | 5 | 00:11:32 | 16 | 5 | 00:41:22 | 30 | 5 | 00:28:04 | 01:20:58 | 17.1% | | | |
| 21 | 5 | mg | 66 | Spencer Lee -m | Larkfield AC | 43 | 10 | 00:12:19 | 17 | 4 | 00:41:40 | 31 | 7 | 00:28:05 | 01:22:04 | 18.7% | | | |
| 22 | 4 | mi | 94 | Mark Roydon -m | Unattached | 18 | 4 | 00:10:26 | 39 | 9 | 00:45:17 | 19 | 3 | 00:26:33 | 01:22:16 | 19.0% | | | |
| 23 | 5 | mi | 84 | Nic Parrish -m | (3/4) Esporta Brighton | 17 | 3 | 00:10:12 | 21 | 6 | 00:42:40 | 49 | 7 | 00:29:42 | 01:22:35 | 19.4% | | | |
| 24 | 6 | mi | 86 | Mike Hannay -m | GP Tri | 35 | 6 | 00:11:50 | 12 | 3 | 00:40:23 | 57 | 9 | 00:30:26 | 01:22:39 | 19.5% | | | |
| 25 | 1 | fh | 44 | Maria Lees -F | Unattached | 30 | 2 | 00:11:37 | 24 | 1 | 00:43:32 | 37 | 3 | 00:28:30 | 01:23:39 | 21.0% | * | | |
| 26 | 6 | mg | 45 | William Lawton -m | (1/6) Mid Sussex Tri Club | 46 | 11 | 00:12:32 | 35 | 7 | 00:44:44 | 18 | 4 | 00:26:25 | 01:23:41 | 21.0% | | | |
| 27 | 1 | fi | 73 | Tamar Coleman -f | (1/2) Bodyworks XTC | 24 | 1 | 00:10:50 | 28 | 1 | 00:44:11 | 40 | 2 | 00:28:49 | 01:23:50 | 21.2% | * | | |
| 28 | 2 | fh | 51 | Lisa Jones -f | Steyning AC | 25 | 1 | 00:10:54 | 30 | 2 | 00:44:29 | 38 | 4 | 00:28:38 | 01:24:01 | 21.5% | | | |
| 29 | 4 | md | 53 | Sean Mills -m | Harwich Runners | 59 | 5 | 00:13:04 | 23 | 3 | 00:43:27 | 24 | 4 | 00:27:34 | 01:24:05 | 21.6% | | | |
| 30 | 1 | fk | 61 | Margaret Hollamby -f | (2/6) Mid Sussex Tri Club | 21 | 1 | 00:10:41 | 42 | 1 | 00:45:22 | 35 | 1 | 00:28:24 | 01:24:27 | 22.1% | * | | |
| 31 | 4 | mh | 46 | Daniel Hanlon -m | Unattached | 32 | 4 | 00:11:47 | 28 | 4 | 00:44:11 | 41 | 5 | 00:28:49 | 01:24:47 | 22.6% | | | |
| 32 | 1 | ff | 95 | Monica Lawton -f | (3/6) Mid Sussex Tri Club | 19 | 1 | 00:10:32 | 53 | 2 | 00:47:57 | 20 | 1 | 00:26:33 | 01:25:02 | 23.0% | * | | |
| 33 | 5 | mh | 15 | Danny Cunnett -m | (2/2) Tuff Fitty Tri Club | 44 | 6 | 00:12:21 | 47 | 7 | 00:46:37 | 16 | 2 | 00:26:10 | 01:25:08 | 23.1% | | | |
| 34 | 1 | mk | 50 | Paul Clift -m | (1/2) Crowborough Tri Club | 57 | 1 | 00:13:00 | 27 | 1 | 00:44:01 | 33 | 1 | 00:28:17 | 01:25:18 | 23.4% | * | | |
| 35 | 2 | mj | 87 | Simon Gould -m | Lewes AC | 8 | 1 | 00:09:37 | 31 | 2 | 00:44:35 | 61 | 6 | 00:31:20 | 01:25:32 | 23.7% | | | |
| 36 | 7 | mi | 37 | Stuart Anderson -m | (4/6) Mid Sussex Tri Club | 70 | 10 | 00:14:19 | 15 | 4 | 00:41:07 | 54 | 8 | 00:30:07 | 01:25:33 | 23.7% | | | |
| 37 | 2 | me | 88 | Luke Gander -m | Unattached | 9 | 2 | 00:09:37 | 26 | 2 | 00:43:53 | 63 | 3 | 00:32:10 | 01:25:40 | 23.9% | | | |
| 38 | 1 | fa | 80 | Yasmin Coleman -f | (2/2) Bodyworks XTC | 13 | 1 | 00:10:04 | 48 | 1 | 00:46:53 | 39 | 1 | 00:28:46 | 01:25:44 | 24.0% | * | | |
| 39 | 7 | mg | 68 | Martin Sanwell -m | Unattached | 38 | 8 | 00:12:01 | 45 | 9 | 00:46:01 | 29 | 6 | 00:28:03 | 01:26:05 | 24.5% | | | |
| 40 | 8 | mg | 72 | Martin Gill -m | Unattached | 39 | 9 | 00:12:08 | 33 | 6 | 00:44:40 | 48 | 9 | 00:29:31 | 01:26:19 | 24.8% | | | |
| 41 | 8 | mi | 65 | Kevin Battell -m | (1/6) Freedom Tri Club | 53 | 8 | 00:12:50 | 32 | 7 | 00:44:39 | 44 | 6 | 00:29:04 | 01:26:33 | 25.2% | | | |
| 42 | 9 | mg | 18 | Matthew Phillips -M | Unattached | 28 | 6 | 00:11:25 | 46 | 10 | 00:46:09 | 45 | 8 | 00:29:09 | 01:26:43 | 25.4% | | | |
| 43 | 9 | mi | 48 | Steve Clough-Young - | Unattached | 71 | 11 | 00:14:23 | 36 | 8 | 00:44:47 | 28 | 4 | 00:27:54 | 01:27:04 | 25.9% | | | |
| 44 | 6 | mh | 47 | Stuart Gillespie -m | Unattached | 76 | 7 | 00:15:10 | 37 | 5 | 00:44:50 | 27 | 4 | 00:27:50 | 01:27:50 | 27.0% | | | |
| 45 | 3 | mj | 36 | Michael Miller -M | Unattached | 72 | 6 | 00:14:38 | 51 | 4 | 00:47:44 | 11 | 1 | 00:25:33 | 01:27:54 | 27.1% | | | |
| 46 | 10 | mg | 98 | Mark Anderson -m | (Special Constable) | 23 | 5 | 00:10:50 | 40 | 8 | 00:45:19 | 66 | 11 | 00:32:23 | 01:28:32 | 28.1% | | | Bike-Pnlty_RaceNoViolation 2 minutes |
| 47 | 2 | fi | 38 | Tracy Fuller -f | Unattached | 54 | 4 | 00:12:50 | 44 | 2 | 00:45:57 | 50 | 5 | 00:29:52 | 01:28:39 | 28.2% | | | |
| 48 | 3 | fh | 39 | Joanne Turner -F | Unattached | 51 | 4 | 00:12:45 | 54 | 3 | 00:48:01 | 32 | 1 | 00:28:16 | 01:29:02 | 28.8% | | | |
| 49 | 5 | md | 63 | James Bright -m | Unattached | 40 | 4 | 00:12:08 | 60 | 5 | 00:49:26 | 25 | 5 | 00:27:36 | 01:29:10 | 29.0% | | | |
| 50 | 4 | mj | 23 | Peter Barnes -m | (4/4) Esporta Brighton | 68 | 5 | 00:14:10 | 33 | 3 | 00:44:40 | 59 | 5 | 00:30:35 | 01:29:25 | 29.3% | | | |
| 51 | 7 | mh | 35 | Trevor Moore -M | (5/6) Mid Sussex Tri Club | 36 | 5 | 00:11:57 | 38 | 6 | 00:45:03 | 67 | 8 | 00:32:38 | 01:29:38 | 29.6% | | | |
| 52 | 1 | fe | 58 | Vanessa Tanner -f | Unattached | 26 | 1 | 00:10:58 | 59 | 1 | 00:49:10 | 52 | 1 | 00:29:59 | 01:30:07 | 30.3% | * | | |
| 53 | 3 | fi | 31 | Jan Lavis -f | (2/2) Sussex Police Tri Club | 47 | 2 | 00:12:34 | 63 | 5 | 00:49:58 | 42 | 3 | 00:29:02 | 01:31:34 | 32.4% | | | |
| 54 | 4 | fh | 91 | Elaine Banzsky -f | Unattached | 55 | 5 | 00:12:52 | 61 | 4 | 00:49:34 | 51 | 5 | 00:29:55 | 01:32:22 | 33.6% | | | |
| 55 | 4 | fi | 49 | Jo Clift -f | (2/2) Crowborough Tri Club | 75 | 8 | 00:14:50 | 56 | 3 | 00:48:19 | 47 | 4 | 00:29:27 | 01:32:36 | 33.9% | | | |
| 56 | 11 | mg | 78 | Alistair Marshman -m | Unattached | 20 | 4 | 00:10:37 | 69 | 12 | 00:51:50 | 55 | 10 | 00:30:10 | 01:32:37 | 34.0% | | | |

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| overall | | competitor details | | | | swim: | | | bike: | | | run: | | | AvTmOA | %TmOA | * BTF OA 1st | Remarks | | |
|-----------------------------|------|--------------------|-----|-----------------------|---------------------------------|-----------------------|-----|----------|---------------------|-----|----------|---------------------|-----|----------|---------------------|----------|----------------------------|----------------------|--|------------------------------|
| posn | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | /Rst/Min | St'd / Fin- | MaxOA(Tm/Posn)-AvPos | | |
| 57 | 5 | fi | 25 | Sue Brumwell -f | Unattached | 60 | 6 | 00:13:07 | 66 | 6 | 00:51:04 | 36 | 1 | 00:28:27 | 01:32:38 | 34.0% | | | | |
| 58 | 5 | mj | 56 | Guy Davies -m | (2/6) Freedom Tri Club | 50 | 3 | 00:12:42 | 52 | 5 | 00:47:56 | 64 | 7 | 00:32:17 | 01:32:55 | 34.4% | | | | |
| 59 | 2 | ff | 21 | Ananda Mello-Costa -f | Brighton Phoenix AC & Tri | 27 | 2 | 00:11:20 | 50 | 1 | 00:47:40 | 71 | 3 | 00:33:59 | 01:32:59 | 34.5% | | | | |
| 60 | 1 | mc | 12 | Sam Rathmell -m | Unattached | 69 | 1 | 00:14:11 | 43 | 1 | 00:45:49 | 70 | 1 | 00:33:44 | 01:33:43 | 35.6% | * | | | |
| 61 | 3 | me | 376 | Matt Manning-Smith -m | Unattached | 79 | 4 | 00:15:21 | 55 | 3 | 00:48:13 | 60 | 2 | 00:30:55 | 01:34:29 | 36.7% | | | | |
| 62 | 1 | fg | 52 | Ruth Saunders -f | Unattached | 63 | 3 | 00:13:31 | 65 | 1 | 00:50:37 | 58 | 1 | 00:30:27 | 01:34:35 | 36.8% | * | | | |
| 63 | 3 | ff | 26 | Sally Norris -f | Unattached | 42 | 3 | 00:12:09 | 76 | 3 | 00:53:40 | 43 | 2 | 00:29:03 | 01:34:51 | 37.2% | | | | |
| 64 | 5 | fh | 20 | Camilla Moyle -f | Unattached | 66 | 6 | 00:14:00 | 72 | 6 | 00:52:47 | 34 | 2 | 00:28:22 | 01:35:09 | 37.6% | | | | |
| 65 | 12 | mg | 57 | Jason Walsh -m | Unattached | 64 | 12 | 00:13:44 | 57 | 11 | 00:48:20 | 74 | 12 | 00:34:12 | 01:36:16 | 39.2% | | | | |
| 66 | 6 | mj | 33 | David Bright -m | Unattached | 77 | 7 | 00:15:10 | 62 | 6 | 00:49:50 | 65 | 8 | 00:32:21 | 01:37:21 | 40.8% | | | | |
| 67 | 1 | fj | 17 | Judith Carder -f | Unattached | 80 | 1 | 00:15:26 | 80 | 2 | 00:54:35 | 26 | 1 | 00:27:39 | 01:37:40 | 41.2% | * | | | |
| 68 | 6 | fi | 43 | Pippa Moss -F | Unattached | 56 | 5 | 00:12:54 | 58 | 4 | 00:48:58 | 77 | 6 | 00:35:57 | 01:37:49 | 41.5% | | | | |
| 69 | 7 | mj | 32 | Dave Hynes -m | (3/6) Freedom Tri Club | 65 | 4 | 00:13:50 | 79 | 7 | 00:54:16 | 56 | 4 | 00:30:19 | 01:38:25 | 42.4% | | | | |
| 70 | 6 | fh | 70 | Jane Hand -f | (4/6) Freedom Tri Club | 33 | 3 | 00:11:47 | 71 | 5 | 00:52:46 | 73 | 6 | 00:34:05 | 01:38:39 | 42.7% | | | | |
| 71 | 10 | mi | 62 | David Clarke -m | Unattached | 52 | 7 | 00:12:49 | 64 | 11 | 00:50:00 | 80 | 11 | 00:36:44 | 01:39:33 | 44.0% | | | | |
| 72 | 2 | fg | 30 | Anna Saunders -f | Unattached | 61 | 2 | 00:13:17 | 82 | 2 | 00:55:29 | 68 | 2 | 00:32:44 | 01:41:30 | 46.8% | | | | |
| 73 | 6 | mf | 322 | Andrew Jopson -m | Blackwater Tri Club | 74 | 6 | 00:14:49 | 68 | 6 | 00:51:48 | 75 | 6 | 00:35:16 | 01:41:53 | 47.3% | | | | |
| 74 | 8 | mh | 3 | Jason Hull -M | (2/2) East Sussex Fire & Rescue | 86 | 9 | 00:17:13 | 75 | 10 | 00:53:35 | 62 | 7 | 00:31:32 | 01:42:21 | 48.0% | | | | |
| 75 | 9 | mh | 14 | Carl Ebbage -m | Unattached | 82 | 8 | 00:15:54 | 67 | 8 | 00:51:16 | 83 | 9 | 00:37:44 | 01:44:54 | 51.7% | | | | |
| 75 | 11 | mi | 16 | Michael Bowles -m | Unattached | 62 | 9 | 00:13:27 | 70 | 12 | 00:52:23 | 86 | 12 | 00:39:04 | 01:44:54 | 51.7% | | | | |
| 77 | 7 | fi | 34 | Rose Ryan -f | (6/6) Mid Sussex Tri Club | 49 | 3 | 00:12:42 | 84 | 8 | 00:55:43 | 81 | 7 | 00:36:45 | 01:45:09 | 52.1% | | | | |
| 78 | 2 | fk | 29 | Annie Sidgwick -f | (5/6) Freedom Tri Club | 73 | 2 | 00:14:48 | 81 | 2 | 00:55:19 | 78 | 2 | 00:36:15 | 01:46:22 | 53.8% | | | | |
| 79 | 8 | fi | 27 | Sharon Wheeler -f | (6/6) Freedom Tri Club | 67 | 7 | 00:14:05 | 78 | 7 | 00:54:04 | 85 | 8 | 00:38:36 | 01:46:46 | 54.4% | | | | |
| 80 | 12 | mi | 42 | Dean Orgill -m | Unattached | 88 | 12 | 00:25:48 | 49 | 10 | 00:47:37 | 69 | 10 | 00:33:21 | 01:46:46 | 54.4% | | | | |
| 81 | 3 | fg | 4 | Lucy Egan -F | Unattached | 85 | 4 | 00:17:13 | 83 | 3 | 00:55:30 | 72 | 3 | 00:34:04 | 01:46:47 | 54.4% | | | | |
| 82 | 2 | fj | 9 | Cynthia Washington -f | Unattached | 83 | 2 | 00:16:12 | 77 | 1 | 00:53:54 | 79 | 2 | 00:36:43 | 01:46:49 | 54.5% | | | | |
| 83 | 8 | mj | 7 | Peter Morley -m | Heathfield Road Runners | 84 | 8 | 00:16:14 | 86 | 8 | 01:01:42 | 53 | 3 | 00:30:06 | 01:48:02 | 56.2% | | | | |
| 84 | 1 | fl | 74 | Sue Eaton -f | Unattached | 37 | 1 | 00:11:57 | 87 | 1 | 01:01:46 | 76 | 1 | 00:35:19 | 01:49:03 | 57.7% | * | | | |
| 85 | 1 | fd | 11 | Victoria Williams -f | Unattached | 81 | 1 | 00:15:53 | 74 | 1 | 00:53:33 | 87 | 1 | 00:40:27 | 01:49:53 | 58.9% | * | | | |
| 86 | 10 | mh | 10 | Nick Saunders -m | Unattached | 87 | 10 | 00:19:00 | 73 | 9 | 00:52:51 | 88 | 10 | 00:40:51 | 01:52:42 | 63.0% | | | | |
| 87 | 4 | me | 40 | Gareth Tucker -m | Barking Road Runners | 78 | 3 | 00:15:12 | 85 | 4 | 01:00:21 | 82 | 4 | 00:37:43 | 01:53:16 | 63.8% | | | | |
| 88 | 4 | fg | 6 | Maxine Rittman -f | Seaford Striders | 41 | 1 | 00:12:09 | 88 | 4 | 01:06:05 | 84 | 4 | 00:38:08 | 01:56:22 | 68.3% | | | | |
| | | fg | 64 | Deborah Beadle -f | White Oak Tri Club | | | - | | | - | | | - | - | | Swim-DNF_Swim | | | |
| | | fi | 5 | Susan Steed -f | Heathfield / (Police Nurse) | | | - | | | - | | | - | - | | Swim-NoData, Bike-Puncture | | | |
| | | mj | 90 | Steve Boyne -m | East Grinstead Tri Club | | | 00:11:41 | | | - | | | - | - | | Bike-DNF_Bike | | | |
| 999 Fastest 3 Female | | | | | | Result Min/Av Times>> | | | 00:12:09 / 00:12:21 | | | 00:49:58 / 00:58:02 | | | 00:29:02 / 00:33:35 | | | 01:43:58 | | 3 / 2 - (01:56:22 / 88) - 70 |
| 53 | 3 | fi | 31 | Jan Lavis -f | (2/2) Sussex Police Tri Club | 47 | 2 | 00:12:34 | 63 | 5 | 00:49:58 | 42 | 3 | 00:29:02 | 01:31:34 | « | | | | |
| 88 | 4 | fg | 6 | Maxine Rittman -f | Seaford Striders | 41 | 1 | 00:12:09 | 88 | 4 | 01:06:05 | 84 | 4 | 00:38:08 | 01:56:22 | 27.1% | | | | |

GP Triathlon, Ringmer Triathlons. Monday 31 August 2009

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| overall | | competitor details | | | | swim: | | | bike: | | | run: | | | AvTmOA | %TmOA /RsltMin | * BTF OA 1st | Remarks | | | |
|-------------------------------------|------|--------------------|-----|-----------------------|---------------------------------|-----------------------|-----|----------|---------------------|-----|----------|---------------------|-----|----------|---------------------|----------------|---------------------------------|--------------------------------------|--|-------------------------------|--|
| posn | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | | St'd / Fin-MaxOA(Tm/Posn)-AvPos | | | | |
| 999 Fastest 3 Male | | | | | | Result Min/Av Times>> | | | 00:10:12 / 00:12:16 | | | 00:37:50 / 00:43:58 | | | 00:24:54 / 00:28:58 | | | 01:25:11 | | 4 / 4 - (01:42:21/ 74) - 34 | |
| 5 | 1 | md | 69 | Robert Rollings -m | (1/2) Sussex Police Tri Club | 15 | 3 | 00:10:12 | 3 | 1 | 00:37:50 | 8 | 3 | 00:24:54 | 01:12:56 | « | * | | | | |
| 10 | 2 | mf | 85 | Jason Legoff -m | (1/2) East Sussex Fire & Rescue | 22 | 2 | 00:10:49 | 10 | 2 | 00:39:07 | 23 | 5 | 00:27:01 | 01:16:57 | 5.51% | | | | | |
| 46 | 10 | mg | 98 | Mark Anderson -m | (Special Constable) | 23 | 5 | 00:10:50 | 40 | 8 | 00:45:19 | 66 | 11 | 00:32:23 | 01:28:32 | 21.4% | | Bike-Pnlty_RaceNoViolation 2 minutes | | | |
| 999 Sprint Summary | | | | | | Result Min/Av Times>> | | | 00:10:12 / 00:12:18 | | | 00:37:50 / 00:48:39 | | | 00:24:54 / 00:30:30 | | | 01:31:27 | | 7 / 6 - (01:56:22/ 88) - 46 | |
| 5 | 1 | md | 69 | Robert Rollings -m | (1/2) Sussex Police Tri Club | 15 | 3 | 00:10:12 | 3 | 1 | 00:37:50 | 8 | 3 | 00:24:54 | 01:12:56 | « | * | | | | |
| 10 | 2 | mf | 85 | Jason Legoff -m | (1/2) East Sussex Fire & Rescue | 22 | 2 | 00:10:49 | 10 | 2 | 00:39:07 | 23 | 5 | 00:27:01 | 01:16:57 | 5.51% | | | | | |
| 46 | 10 | mg | 98 | Mark Anderson -m | (Special Constable) | 23 | 5 | 00:10:50 | 40 | 8 | 00:45:19 | 66 | 11 | 00:32:23 | 01:28:32 | 21.4% | | Bike-Pnlty_RaceNoViolation 2 minutes | | | |
| 53 | 3 | fi | 31 | Jan Lavis -f | (2/2) Sussex Police Tri Club | 47 | 2 | 00:12:34 | 63 | 5 | 00:49:58 | 42 | 3 | 00:29:02 | 01:31:34 | 25.6% | | | | | |
| 74 | 8 | mh | 3 | Jason Hull -M | (2/2) East Sussex Fire & Rescue | 86 | 9 | 00:17:13 | 75 | 10 | 00:53:35 | 62 | 7 | 00:31:32 | 01:42:21 | 40.3% | | | | | |
| 88 | 4 | fg | 6 | Maxine Rittman -f | Seaford Striders | 41 | 1 | 00:12:09 | 88 | 4 | 01:06:05 | 84 | 4 | 00:38:08 | 01:56:22 | 59.6% | | | | | |
| | | fi | 5 | Susan Steed -f | Heathfield / (Police Nurse) | | | - | | | - | | | - | | | | Swim-NoData, Bike-Puncture | | | |
| Ringmer Novice | | | | | | swim: | | | bike: | | | run: | | | | | | | | | |
| Fastest 3 Female | | | | | | Result Min/Av Times>> | | | 00:06:45 / 00:09:01 | | | 00:26:35 / 00:30:40 | | | 00:15:24 / 00:18:47 | | | 00:58:28 | | 24 / 23 - (01:11:01/ 41) - 27 | |
| 8 | 1 | fe | 360 | Kaye Coomber -f | Unattached | 6 | 2 | 00:07:09 | 11 | 1 | 00:27:01 | 15 | 1 | 00:15:52 | 00:50:02 | « | * | | | | |
| 10 | 1 | fh | 337 | Terry Kelly -f | Unattached | 14 | 1 | 00:08:03 | 10 | 1 | 00:27:00 | 12 | 1 | 00:15:24 | 00:50:27 | 0.81% | * | | | | |
| 12 | 2 | fe | 352 | Sarah Clift -f | Unattached | 9 | 3 | 00:07:24 | 20 | 2 | 00:28:26 | 19 | 2 | 00:16:51 | 00:52:41 | 5.27% | | | | | |
| Fastest 3 Male | | | | | | Result Min/Av Times>> | | | 00:05:25 / 00:09:05 | | | 00:23:15 / 00:29:07 | | | 00:10:41 / 00:17:19 | | | 00:55:21 | | 22 / 20 - (01:53:36/ 43) - 16 | |
| 1 | 1 | mg | 359 | Peter Smith -m | Unattached | 2 | 1 | 00:05:46 | 2 | 1 | 00:23:27 | 3 | 1 | 00:13:10 | 00:42:23 | « | * | | | | |
| 2 | 1 | mb | 354 | Robert Macdonald -m | Unattached | 3 | 1 | 00:05:58 | 5 | 1 | 00:25:49 | 2 | 2 | 00:11:47 | 00:43:34 | 2.79% | * | | | | |
| 3 | 1 | me | 362 | Chris Gorbell -m | Unattached | 1 | 1 | 00:05:25 | 1 | 1 | 00:23:15 | 8 | 1 | 00:14:56 | 00:43:36 | 2.86% | * | | | | |
| Grp H+, Vet, Female 40+ yrs | | | | | | Result Min/Av Times>> | | | 00:08:05 / 00:09:50 | | | 00:26:35 / 00:30:00 | | | 00:15:39 / 00:19:19 | | | 00:59:09 | | 8 / 7 - (01:05:48/ 40) - 29 | |
| 14 | 1 | fi | 353 | Phillipa Cork -f | Unattached | 15 | 1 | 00:08:05 | 17 | 1 | 00:27:55 | 20 | 1 | 00:16:56 | 00:52:56 | « | * | | | | |
| Grp A, Youth, Male 15-16 yrs | | | | | | Result Min/Av Times>> | | | 00:08:33 / 00:08:33 | | | 00:27:30 / 00:27:30 | | | 00:15:13 / 00:15:13 | | | 00:51:16 | | 1 / 1 - (00:51:16/ 11) - 11 | |
| 11 | 1 | ma | 368 | Harry Hand -m | Unattached | 22 | 1 | 00:08:33 | 14 | 1 | 00:27:30 | 9 | 1 | 00:15:13 | 00:51:16 | « | * | | | | |
| Grp H+, Vet, Male 40+ yrs | | | | | | Result Min/Av Times>> | | | 00:07:21 / 00:11:12 | | | 00:23:50 / 00:32:16 | | | 00:14:36 / 00:21:06 | | | 01:04:33 | | 9 / 8 - (01:53:36/ 43) - 26 | |
| 5 | 1 | mj | 363 | Gary Ions -m | Unattached | 8 | 1 | 00:07:21 | 3 | 1 | 00:23:50 | 5 | 1 | 00:14:36 | 00:45:47 | « | * | | | | |
| Novice Summary | | | | | | Result Min/Av Times>> | | | 00:05:25 / 00:09:03 | | | 00:23:15 / 00:29:58 | | | 00:10:41 / 00:18:06 | | | 00:57:01 | | 46 / 43 - (01:53:36/ 43) - 22 | |
| 1 | 1 | mg | 359 | Peter Smith -m | Unattached | 2 | 1 | 00:05:46 | 2 | 1 | 00:23:27 | 3 | 1 | 00:13:10 | 00:42:23 | « | * | | | | |
| 2 | 1 | mb | 354 | Robert Macdonald -m | Unattached | 3 | 1 | 00:05:58 | 5 | 1 | 00:25:49 | 2 | 2 | 00:11:47 | 00:43:34 | 2.79% | * | | | | |
| 3 | 1 | me | 362 | Chris Gorbell -m | Unattached | 1 | 1 | 00:05:25 | 1 | 1 | 00:23:15 | 8 | 1 | 00:14:56 | 00:43:36 | 2.86% | * | | | | |
| 4 | 2 | mb | 355 | Alasdair Macdonald -m | Unattached | | | - | | | - | 1 | 1 | 00:10:41 | 00:45:34 | 7.48% | | Swim-NoData, Bike-NoData | | | |
| 5 | 1 | mj | 363 | Gary Ions -m | Unattached | 8 | 1 | 00:07:21 | 3 | 1 | 00:23:50 | 5 | 1 | 00:14:36 | 00:45:47 | 8.02% | * | | | | |

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| overall posn | competitor details | | | | | swim: | | | bike: | | | run: | | | AvTmOA | %TmOA | * BTF OA 1st | Remarks |
|-----------------|--------------------|-----|-----|--------------------------|------------------------|-------|-----|----------|-------|-----|----------|------|-----|----------|----------|----------|--------------|---------|
| | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | /Rst/Min | | |
| 6 | 2 | me | 361 | Philip Davies -m | Unattached | 5 | 2 | 00:07:06 | 4 | 2 | 00:25:08 | 10 | 2 | 00:15:15 | 00:47:29 | 12.0% | | |
| 7 | 1 | md | 366 | Craig Sterling -m | Team Viper | 10 | 1 | 00:07:32 | 13 | 1 | 00:27:20 | 4 | 1 | 00:13:56 | 00:48:48 | 15.1% | * | |
| 8 | 1 | fe | 360 | Kaye Coomber -f | Unattached | 6 | 2 | 00:07:09 | 11 | 1 | 00:27:01 | 15 | 1 | 00:15:52 | 00:50:02 | 18.0% | * | |
| 9 | 1 | mf | 336 | Matthew Dunn -m | Unattached | 29 | 2 | 00:09:25 | 7 | 1 | 00:26:00 | 7 | 1 | 00:14:55 | 00:50:20 | 18.7% | * | |
| 10 | 1 | fh | 337 | Terry Kelly -f | Unattached | 14 | 1 | 00:08:03 | 10 | 1 | 00:27:00 | 12 | 1 | 00:15:24 | 00:50:27 | 19.0% | * | |
| 11 | 1 | ma | 368 | Harry Hand -m | Unattached | 22 | 1 | 00:08:33 | 14 | 1 | 00:27:30 | 9 | 1 | 00:15:13 | 00:51:16 | 20.9% | * | |
| 12 | 2 | fe | 352 | Sarah Clift -f | Unattached | 9 | 3 | 00:07:24 | 20 | 2 | 00:28:26 | 19 | 2 | 00:16:51 | 00:52:41 | 24.3% | | |
| 13 | 1 | mh | 350 | Nick Heasman -m | Unattached | 28 | 1 | 00:09:14 | 18 | 1 | 00:28:03 | 13 | 1 | 00:15:31 | 00:52:48 | 24.6% | * | |
| 14 | 1 | fi | 353 | Phillipa Cork -f | Unattached | 15 | 1 | 00:08:05 | 17 | 1 | 00:27:55 | 20 | 1 | 00:16:56 | 00:52:56 | 24.9% | * | |
| 15 | 1 | mi | 358 | Philip Parke -m | Unattached | 19 | 1 | 00:08:15 | 12 | 1 | 00:27:07 | 26 | 2 | 00:18:05 | 00:53:27 | 26.1% | * | |
| 16 | 1 | m3 | 369 | Connor Hand -m | Unattached | 18 | 1 | 00:08:08 | 16 | 1 | 00:27:52 | 24 | 1 | 00:17:52 | 00:53:52 | 27.1% | * | |
| 17 | 1 | mm | 327 | Joseph Tunncliffe -m | Unattached | 32 | 1 | 00:10:13 | 23 | 1 | 00:29:12 | 6 | 1 | 00:14:42 | 00:54:07 | 27.7% | * | |
| 18 | 1 | fj | 335 | Gill Stokes -f | Team Lifestyle | 27 | 1 | 00:09:12 | 9 | 1 | 00:26:35 | 28 | 1 | 00:18:29 | 00:54:16 | 28.0% | * | |
| 19 | 2 | mg | 345 | Kevin Knight -m | Unattached | 12 | 2 | 00:07:55 | 21 | 2 | 00:28:47 | 25 | 2 | 00:18:04 | 00:54:46 | 29.2% | | |
| 20 | 3 | fe | 357 | Jodie Heath -f | Unattached | 11 | 4 | 00:07:41 | 25 | 3 | 00:29:41 | 23 | 3 | 00:17:40 | 00:55:02 | 29.8% | | |
| 21 | 1 | ff | 334 | Camilla Cunningham -f | Unattached | 24 | 2 | 00:08:47 | 22 | 1 | 00:29:02 | 21 | 2 | 00:17:24 | 00:55:13 | 30.2% | * | |
| 22 | 2 | mj | 339 | Paul Holmes -m | (1/2) Crawley Tri Club | 36 | 2 | 00:10:40 | 5 | 2 | 00:25:49 | 32 | 2 | 00:19:26 | 00:55:55 | 31.9% | | |
| 23 | 2 | mf | 344 | Ana Martin -m | Unattached | 12 | 1 | 00:07:55 | 33 | 2 | 00:31:51 | 17 | 2 | 00:16:22 | 00:56:08 | 32.4% | | |
| 24 | 2 | fh | 326 | Lynn Marriott -f | Unattached | 35 | 6 | 00:10:35 | 15 | 2 | 00:27:35 | 30 | 4 | 00:18:45 | 00:56:55 | 34.3% | | |
| 25 | 1 | fg | 348 | Maureen Fitzpatrick -f | Unattached | 21 | 1 | 00:08:19 | 28 | 1 | 00:30:14 | 29 | 1 | 00:18:31 | 00:57:04 | 34.6% | * | |
| 26 | 1 | fk | 332 | Tanya Edmondson -f | Unattached | 33 | 2 | 00:10:23 | 32 | 2 | 00:31:04 | 14 | 1 | 00:15:39 | 00:57:06 | 34.7% | * | |
| 27 | 3 | fh | 349 | Sandra Hounsham -f | Unattached | 16 | 2 | 00:08:07 | 19 | 3 | 00:28:21 | 36 | 6 | 00:20:44 | 00:57:12 | 35.0% | | |
| 28 | 2 | ff | 367 | Sarah Pickering -f | Unattached | 7 | 1 | 00:07:16 | 34 | 2 | 00:33:22 | 18 | 1 | 00:16:42 | 00:57:20 | 35.3% | | |
| 29 | 4 | fh | 340 | Sally-Anne Rogers -f | Unattached | 19 | 3 | 00:08:15 | 24 | 4 | 00:29:15 | 34 | 5 | 00:19:57 | 00:57:27 | 35.5% | | |
| 30 | 1 | mk | 372 | Bob Cooley -m | Unattached | 37 | 1 | 00:11:07 | 8 | 1 | 00:26:20 | 35 | 1 | 00:20:28 | 00:57:55 | 36.6% | * | |
| 31 | 2 | fk | 351 | Patricia Baille -f | Freedom Tri Club | 16 | 1 | 00:08:07 | 30 | 1 | 00:30:24 | 33 | 3 | 00:19:36 | 00:58:07 | 37.1% | | |
| 32 | 5 | fh | 374 | Elisabeth Dawson -f | Unattached | 34 | 5 | 00:10:25 | 29 | 5 | 00:30:17 | 22 | 2 | 00:17:33 | 00:58:15 | 37.4% | | |
| 33 | 2 | mi | 370 | Paul Hand -m | Unattached | 31 | 2 | 00:09:48 | 37 | 2 | 00:34:10 | 11 | 1 | 00:15:18 | 00:59:16 | 39.8% | | |
| 34 | 6 | fh | 356 | Jill Maddison-Roberts -f | Unattached | 25 | 4 | 00:08:51 | 35 | 6 | 00:33:38 | 27 | 3 | 00:18:20 | 01:00:49 | 43.4% | | |
| 35 | 2 | fj | 333 | Maureen Crowhurst -f | Seaford Striders | 30 | 2 | 00:09:44 | 26 | 2 | 00:29:50 | 38 | 2 | 00:21:52 | 01:01:26 | 44.9% | | |
| 36 | 2 | fg | 328 | Bronwen Lloyd -f | Unattached | 26 | 2 | 00:09:01 | 31 | 2 | 00:30:46 | 39 | 2 | 00:22:05 | 01:01:52 | 45.9% | | |
| 37 | 4 | fe | 364 | Lora Tallant -f | Unattached | 23 | 5 | 00:08:46 | 36 | 4 | 00:33:57 | 37 | 4 | 00:21:36 | 01:04:19 | 51.7% | | |
| 38 | 3 | fk | 371 | Chris Cooley -f | Unattached | 38 | 3 | 00:11:11 | 38 | 3 | 00:34:15 | 31 | 2 | 00:18:56 | 01:04:22 | 51.9% | | |
| 39 | 5 | fe | 365 | Sarah Holmes -f | (2/2) Crawley Tri Club | 4 | 1 | 00:06:45 | 39 | 5 | 00:34:50 | 40 | 5 | 00:23:21 | 01:04:56 | 53.2% | | |
| 40 | 3 | fj | 330 | Valerie Barnes -f | Esporta Brighton | 39 | 3 | 00:12:10 | 27 | 3 | 00:29:57 | 41 | 3 | 00:23:41 | 01:05:48 | 55.2% | | |
| 41 | 1 | fc | 331 | Melissa Edmondson -f | Unattached | 40 | 1 | 00:13:12 | 41 | 1 | 00:41:52 | 16 | 1 | 00:15:57 | 01:11:01 | 67.5% | * | |
| 42 | 1 | mn | 338 | Frank Reid -m | Unattached | 41 | 1 | 00:14:15 | 40 | 1 | 00:36:57 | 42 | 1 | 00:25:08 | 01:16:20 | 80.1% | * | |
| 43 | 2 | mk | 325 | Ian Stewart -m | Unattached | 42 | 2 | 00:17:54 | 42 | 2 | 00:54:40 | 43 | 2 | 00:41:02 | 01:53:36 | 168% | | |

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| overall | | competitor details | | | | swim: | | | bike: | | | run: | | | AvTmOA | %TmOA | * BTF OA 1st | Remarks |
|---------|------|--------------------|-----|-----------------------|------------|-------|-----|------|-------|-----|------|------|-----|------|--------|----------|---------------------------------|--------------|
| posn | *btf | grp | # | name | (#/n) team | oa | btf | time | oa | btf | time | oa | btf | time | timeOA | /RsltMin | St'd / Fin-MaxOA(Tm/Posn)-AvPos | |
| | | m3 | 346 | Ben Rigden -m | Unattached | | | - | | | - | | | - | - | - | | Swim-ProvDNF |
| | | mi | 323 | Andrew Paterson -m | Unattached | | | - | | | - | | | - | - | - | | Swim-ProvDNF |
| | | fi | 324 | Alexandra Paterson -f | Unattached | | | - | | | - | | | - | - | - | | Swim-ProvDNF |