

Hedgehogtri: The Ardingly Adult Triathlons/Duathlons - Sunday 5 June 2016
 FINAL RESULTS (posted 08/06/2016 09:00hrs)

trophy winners



Race Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Reqs
Ardingly SPRINT Triathlon								
	1	162 Steve Alden (m-J)	Mid Sussex Tri Club	00:07:09	00:46:38	00:20:58	01:14:45	
	2	171 Graham Bond (m-J)	Mid Sussex Tri Club	00:07:49	00:45:37	00:21:55	01:15:21	
	3	161 Robert Hoodless (m-J)	Mid Sussex Tri Club	00:07:00	00:46:54	00:22:14	01:16:08	
	4	206 Elliot Dronfield (m-H)		00:07:29	00:46:23	00:23:23	01:17:15	
	5	235 Ben Fergie (m-G)	Mid Sussex Tri Club	00:08:04	00:48:49	00:23:13	01:20:06	
	6	160 Bartholomew Filmer-Cox (m-A)		00:06:16	00:48:40	00:25:51	01:20:47	
	7	163 Rachel Baker (f-H)	Mid Sussex Tri Club	00:06:57	00:48:27	00:25:41	01:21:05	
	8	179 Steven Hopkins (m-G)		00:07:47	00:50:36	00:24:09	01:22:32	
	9	190 Ade Sharp (m-H)		00:10:33	00:48:16	00:26:05	01:24:54	
	10	175 Gareth Ledbetter (m-I)		00:08:36	00:52:08	00:25:00	01:25:44	
	11	178 Dan Slowly (m-H)		00:08:12	00:53:47	00:24:54	01:26:53	
	12	168 Avril Buxton (f-I)		00:07:48	00:53:28	00:26:20	01:27:36	
	13	196 Gary Sims (m-I)	East Grinstead Tri Club	00:09:03	00:51:56	00:26:41	01:27:40	
	14	193 Joanna Cushway (f-I)	Tri-Surrey Tri Club	00:07:50	00:53:12	00:28:10	01:29:12	
	15	236 Justin McCormick (m-H)		00:07:41	00:53:59	00:27:55	01:29:35	
	16	212 Jon Collett (m-H)		00:10:13	00:50:53	00:28:38	01:29:44	
	17	188 Marcus Neave (m-I)		00:08:29	00:53:46	00:27:34	01:29:49	
	18	205 Matthew Galvin (m-H)	Reigate Priory AC	00:11:24	00:56:25	00:22:55	01:30:44	
	19	169 Heath Greenslade (m-I)		00:08:12	00:53:52	00:28:45	01:30:49	
	20	201 Steve Maskell (m-E)		00:09:20	00:54:00	00:27:55	01:31:15	
	21	184 Dean Sanders (m-J)		00:09:19	00:59:27	00:22:42	01:31:28	
	22	203 Mark Taylor (m-I)		00:09:29	00:58:50	00:23:23	01:31:42	
	23	183 Nicholas Munnery (m-E)		00:08:51	00:55:55	00:27:35	01:32:21	
	24	180 Emma Cox (f-F)	Horsham Tri Club	00:08:28	00:59:24	00:24:58	01:32:50	
	25	191 John Hubbard (m-K)		00:08:47	00:58:54	00:25:34	01:33:15	
	26	211 Stephen Hollis (m-H)		00:09:04	00:58:29	00:27:36	01:35:09	
	27	189 Allan Potter (m-H)		00:08:23	00:59:44	00:27:25	01:35:32	
	28	209 David Offen (m-K)		00:09:19	01:02:12	00:25:05	01:36:36	
	29	194 Phillip Hester (m-I)		00:09:06	00:58:01	00:29:40	01:36:47	

30	210 Helen Blake (f-G)		00:08:57	01:01:40	00:26:49	01:37:26
31	216 Martin Richardson (m-G)		00:08:24	01:01:03	00:28:21	01:37:48
32	199 Matt Ince (m-E)		00:09:21	01:01:03	00:27:28	01:37:52
33	198 Ben Ince (m-F)		00:10:43	00:59:52	00:27:36	01:38:11
34	173 Neil Batchelor (m-K)	Steyping AC	00:09:45	00:57:45	00:30:56	01:38:26
35	170 Jeremy Paine (m-K)		00:08:38	01:00:04	00:30:20	01:39:02
36	202 Klara Boarder (f-G)	Mid Sussex Tri Club	00:10:25	01:00:42	00:29:17	01:40:24
37	172 Paul Virgo (m-J)		00:09:13	01:00:23	00:31:48	01:41:24
38	177 Geraldine Bloomfield (f-H)		00:07:17	01:02:18	00:32:53	01:42:28
39	186 Ricci Lennon (f-J)	Mid Sussex Tri Club	00:08:44	01:02:36	00:31:49	01:43:09
40	200 Martin Firth (m-H)		00:08:59	01:05:35	00:28:45	01:43:19
41	197 Jane Smart (f-I)		00:09:56	01:06:42	00:30:40	01:47:18
42	187 Jayne Hayes (f-H)		00:09:07	01:06:56	00:33:22	01:49:25
43	195 Julie Lang (f-G)		00:09:52	01:07:31	00:33:12	01:50:35
44	208 Steve Gough (m-K)		00:13:34	01:05:46	00:33:29	01:52:49
45	215 Helen Newman (f-I)		00:14:09	01:06:32	00:37:14	01:57:55
46	185 Amanda Price (f-J)		00:11:28	01:40:55	00:35:47	02:28:10
--	204 Esther McKay (f-H)		00:09:59	01:07:01	00:14:32	01:31:32 1 lap short

Ardingly SUPER SPRINT Triathlon

Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Rems
	1	142 David Eisnor (m-I)		00:04:00	00:50:52	00:11:32	01:06:24	
	2	146 John Lewis (m-J)		00:04:41	00:53:20	00:11:37	01:09:38	
	3	156 Allen Porter (m-H)	Team Titans	00:05:14	00:53:22	00:13:13	01:11:49	
	4	167 Isabelle Rayner (f-B)	Evolution Tri	00:03:30	00:57:47	00:11:16	01:12:33	
	5	137 James Staring (m-I)	Clapham Chasers	00:03:57	00:56:47	00:13:30	01:14:14	
	6	138 Jonathan Halford (m-K)		00:04:49	00:55:34	00:15:34	01:15:57	
	7	150 Patrick Highland (m-H)		00:05:51	00:57:19	00:13:35	01:16:45	
	8	144 Mandy Muggridge (f-I)		00:04:07	01:02:32	00:14:31	01:21:10	
	9	145 Gordon Turner (m-G)		00:05:15	01:01:44	00:14:56	01:21:55	
	10	136 Emma Lumley (f-G)	Crawley Tri Club	00:04:15	01:07:43	00:14:11	01:26:09	
	11	149 Marie Seivewright (f-G)	Run to Live RC	00:04:21	01:09:38	00:18:20	01:32:19	
	12	157 Michelle Crow (f-H)	Run to Live RC	00:05:43	01:12:33	00:17:29	01:35:45	

13	155 Rachel Espinosa (f-I)	00:04:55	01:14:55	00:18:55	01:38:45
14	154 Eleanor Taylor (f-I)	00:06:07	01:20:09	00:18:38	01:44:54
15	135 Paula Virgo (f-J)	00:07:34	01:21:42	00:19:53	01:49:09
16	148 Helen Gibson (f-H)	00:06:06	01:24:38	00:18:30	01:49:14
17	153 Kunnali Patel (f-F)	00:05:15	01:43:08	00:20:41	02:09:04
18	152 Purvisha Patel (f-G)	00:06:04	01:42:54	00:20:36	02:09:34
19	140 Kath Saner (f-I)	00:04:46	01:28:09	00:37:04	02:09:59

Ardingly Duathlon

Rank	RaceNo	Name	Team	Run-1	Bike	Run-2	FINISH	Rems
	1	233 Thomas Seller (m-E)	Oxonian CC	00:20:07	00:42:10	00:11:27	01:13:44	
	2	219 Matthew Field (m-F)		00:20:07	00:44:04	00:10:16	01:14:27	
	3	223 Gary White (m-I)	Brighton Tri Club	00:21:24	00:48:11	00:10:36	01:20:11	
	4	229 Alexander Welsh (m-E)		00:22:44	00:46:05	00:12:04	01:20:53	
	5	239 Lucy Williams (f-G)		00:20:09	00:51:03	00:12:10	01:23:22	
	6	234 Keith Jenns (m-I)	Army Tri Association	00:22:19	00:49:07	00:12:31	01:23:57	
	7	232 Paul Daley (m-F)		00:20:44	00:53:35	00:10:44	01:25:03	
	8	231 Robert Treadwell (m-L)	Vets AC	00:22:57	00:50:20	00:12:21	01:25:38	
	9	222 Steve Grout (m-J)	Epsom Tri Club	00:23:41	00:50:49	00:13:08	01:27:38	
	10	220 Luke Sweeney (m-E)		00:23:10	00:53:36	00:12:57	01:29:43	
	11	237 James Bell (m-J)		00:25:38	00:55:14	00:14:40	01:35:32	
	12	225 Christopher Murray (m-E)		00:28:01	00:57:58	00:13:46	01:39:45	
	13	238 Nicci Bell (f-H)		00:27:25	00:59:33	00:12:53	01:39:51	
	14	230 Alan Andrews (m-I)		00:22:53	00:59:58	00:18:39	01:41:30	
	15	227 Amy White (f-H)	Brighton Tri Club	00:27:11	01:05:01	00:14:36	01:46:48	
	16	224 Sophie McLoughlin (f-E)		00:28:12	01:03:52	00:15:27	01:47:31	
	17	218 Sarah Lloyd (f-F)		00:30:15	01:05:22	00:16:33	01:52:10	
	18	217 Pete Wilkes (m-N)		00:29:09	01:10:08	00:15:44	01:55:01	
--		226 Philip Coomber (m-K)	Eastbourne Rovers AC	00:22:08	00:00:00			Puncture

White Bird Standard Distance Tri - OS

Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Rems
	1	25 George Higgs (m-I)		00:23:36	01:22:38	00:46:21	02:32:35	

2	59 Stewart Grant (m-F)	VO2 Maximum Racing Team	00:21:46	01:29:26	00:45:48	02:37:00
3	30 Gunter Eifler (m-G)	Mid Sussex Tri Club	00:23:41	01:30:36	00:44:42	02:38:59
4	7 Colin Chambers (m-J)	Mid Sussex Tri Club	00:26:27	01:27:59	00:44:49	02:39:15
5	47 Michael Hartland (m-E)	Team T.H.E	00:23:36	01:27:01	00:51:18	02:41:55
6	34 Alan Wray (m-I)	Herne Hill Harriers	00:28:09	01:32:24	00:42:01	02:42:34
7	65 Gareth Parr (m-F)	South London Harriers Tri Club	00:25:56	01:33:27	00:45:43	02:45:06
8	62 David Ibanez (m-G)		00:29:33	01:34:53	00:43:05	02:47:31
9	8 Mike Jaffe (m-J)	Mid Sussex Tri Club	00:28:14	01:32:24	00:47:07	02:47:45
10	63 Charlie Francis (m-D)		00:25:58	01:34:38	00:47:22	02:47:58
11	41 Kate MacTear (f-D)	Mid Sussex Tri Club	00:26:46	01:37:58	00:43:21	02:48:05
12	29 Andrew Ruffer (m-H)	Tuff Fitty Tri Club	00:27:59	01:35:47	00:44:23	02:48:09
13	21 Paul Weeks (m-H)	Tri-Surrey Tri Club	00:28:01	01:34:38	00:46:13	02:48:52
14	60 Jamie Pocock (m-D)	University of Exeter Tri Club	00:25:34	01:40:53	00:43:57	02:50:24
15	38 James Hey (m-I)		00:23:41	01:37:51	00:49:12	02:50:44
16	2 John MacTear (m-K)	Mid Sussex Tri Club	00:26:02	01:39:33	00:46:37	02:52:12
17	37 Peter Starnes (m-H)	Tri-Surrey Tri Club	00:28:02	01:41:33	00:45:17	02:54:52
18	33 Daniel Chappell (m-I)	Herne Hill Harriers	00:25:21	01:42:53	00:46:50	02:55:04
19	14 Kim Brown (f-I)	1066 Triathletes	00:24:51	01:42:10	00:50:29	02:57:30
20	42 Gavin Fawcett (m-F)		00:25:55	01:40:24	00:51:37	02:57:56
21	57 Oliver Gospel (m-G)	Hurst Tri Team	00:27:42	01:38:49	00:51:27	02:57:58
22	27 Rolando Hutchinson (m-H)	Brighton Tri Club	00:31:21	01:40:17	00:47:08	02:58:46
23	43 Peter Cannon (m-F)	Horsham Amphibians Tri Club	00:33:01	01:36:45	00:50:12	02:59:58
24	48 Daniel Baker (m-F)	Accenture Tri Club	00:33:21	01:36:42	00:50:08	03:00:11
25	39 David Palmer (m-I)	Bexhill Runners & Tri	00:31:15	01:36:24	00:53:09	03:00:48
26	51 Edward Harris (m-F)		00:32:04	01:36:26	00:52:30	03:01:00
27	61 Roger Beattie (m-G)	Swim 1st Tri Club	00:28:14	01:41:29	00:52:21	03:02:04
28	53 Steve Delpy (m-G)		00:29:52	01:36:43	00:57:40	03:04:15
29	28 Ian Highland (m-I)	Brighton Tri Club	00:32:57	01:44:34	00:47:22	03:04:53
30	56 Andrew Brinkley (m-F)	St Bedes Tri Club	00:29:28	01:44:36	00:51:06	03:05:10
31	23 Jonathan Millam (m-H)		00:31:20	01:41:39	00:52:47	03:05:46
32	64 Steven Dawson (m-F)	Brighton Tri Club	00:30:38	01:42:23	00:53:19	03:06:20
33	22 Rupert Greatwood (m-I)	Tri-Surrey Tri Club	00:32:34	01:32:57	01:02:52	03:08:23
34	18 Owen Marfany (m-I)		00:29:43	01:47:34	00:52:16	03:09:33

35	54	Thomas Martin (m-E)		00:32:17	01:40:33	00:56:46	03:09:36	
36	49	Phillip Holliday (m-F)		00:34:04	01:48:25	00:47:29	03:09:58	
37	31	Matt Chandler (m-H)	Crowborough Tri Club	00:33:15	01:43:56	00:57:24	03:14:35	
38	24	Daniel Hodges (m-I)		00:26:48	01:47:09	01:00:43	03:14:40	
39	50	James Winstanley (m-F)		00:38:11	01:47:19	00:52:38	03:18:08	
40	4	John Pocock (m-K)	Tri-Harder	00:33:28	01:48:59	00:56:25	03:18:52	
41	35	Lee ONeill (m-H)	Tri-Surrey Tri Club	00:30:37	01:55:32	00:57:02	03:23:11	
42	40	Adam Lapensee (m-G)		00:32:23	01:57:16	00:54:13	03:23:52	
43	36	Darren Perkin (m-H)	Tri-Surrey Tri Club	00:39:51	01:53:33	00:51:32	03:24:56	
44	58	Ben Pielow (m-G)		00:29:43	02:00:18	00:57:20	03:27:21	
45	17	Jason Rae (m-I)	BTESC Bognor	00:36:51	01:51:56	01:03:12	03:31:59	
46	26	Gavin Matier (m-H)		00:36:42	01:58:11	01:02:54	03:37:47	
47	3	Mark Kelly (m-J)		00:38:27	02:05:01	00:55:16	03:38:44	
48	9	Gordon Morton (m-J)		00:33:18	01:52:30	01:14:28	03:40:16	
49	10	Martin Claisse (m-J)	Mid Sussex Tri Club	00:36:57	01:56:46	01:13:09	03:46:52	
50	15	Amanda Durrant (f-I)	Mid Sussex Tri Club	00:38:43	02:12:13	01:05:08	03:56:04	
51	46	Gillian Rae (f-F)		00:33:48	02:10:20	01:15:11	03:59:19	
52	32	Thomas O'Brien (m-H)		00:37:45	02:14:58	01:12:30	04:05:13	
53	11	Sarah Brown (f-G)		00:32:40	02:16:16	01:23:12	04:12:08	
54	6	Peter Browne (m-L)	Tunbridge Wells Harriers	00:32:38	02:28:13	01:12:52	04:13:43	
55	12	Sam Drake (f-I)	Mid Sussex Tri Club	00:36:55	02:21:14	01:17:05	04:15:14	
56	5	Lorna Cotter (f-J)	Bexhill Runners & Tri	00:36:34	02:31:17	01:18:29	04:26:20	
--	16	Matt CliftonWelker (m-I)		00:22:17	01:52:07	00:58:58	03:13:22	Retired Swim
--	1	Nick Cannon (m-K)		00:30:09	02:01:08	00:17:38	02:48:55	Retired Run

White Bird Sprint Distance Tri - OS

Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Rems
	1	128 Mark Robertson (m-F)	Team Trident Tri Club	00:10:57	00:50:15	00:21:39	01:22:51	
	2	119 Kieran Green (m-C)	Brighton Tri Club	00:12:39	00:46:40	00:23:54	01:23:13	
	3	116 Fraser Moyle (m-E)		00:12:43	00:51:16	00:20:53	01:24:52	
	4	108 Dan Harwood (m-H)		00:14:47	00:48:42	00:22:10	01:25:39	
	5	164 Joe Davey (m-F)		00:12:10	00:53:08	00:22:01	01:27:19	
	6	103 Jo Fleming (m-I)		00:14:51	00:53:23	00:21:02	01:29:16	

7	100 Simon Baker (m-H)	Chichester Westgate Tri Club	00:15:12	00:49:11	00:25:15	01:29:38
8	113 Sean Fishpool (m-H)		00:15:38	00:52:16	00:21:51	01:29:45
9	124 Jacob Wilkinson (m-G)	Hastings Runners	00:16:32	00:51:30	00:22:13	01:30:15
10	130 Adam Shaw (m-D)		00:14:05	00:54:03	00:23:38	01:31:46
11	122 Neil Kempshall (m-J)		00:15:00	00:54:59	00:24:00	01:33:59
12	114 Alex King (m-F)		00:18:08	00:53:33	00:22:32	01:34:13
13	92 Valerie Hester (f-G)		00:16:04	00:54:53	00:24:21	01:35:18
13	104 Ben Reavley (m-D)		00:13:30	00:56:34	00:25:14	01:35:18
15	107 Tannah Matus (m-E)		00:12:45	00:58:41	00:24:42	01:36:08
16	115 Thomas Sanderson (m-H)	Brighton Phoenix AC & Tri	00:16:53	00:58:34	00:21:19	01:36:46
17	109 Paul Sweeney (m-F)		00:18:00	00:55:27	00:24:54	01:38:21
18	123 Paul White (m-J)		00:17:56	00:54:34	00:26:31	01:39:01
19	102 Clayton White (m-F)		00:14:46	00:58:33	00:25:47	01:39:06
20	125 David Ricketts (m-K)	Mid Sussex Tri Club	00:14:54	00:59:19	00:26:07	01:40:20
21	90 Juliet Starbuck (f-I)	Steyning AC	00:17:06	00:57:03	00:26:13	01:40:22
22	94 Ashley Maylin (m-K)		00:16:29	00:53:55	00:31:01	01:41:25
23	96 Dave Sheridan (m-J)	Dorking & Mole Valley AC	00:16:54	00:56:29	00:28:07	01:41:30
24	251 Joe Peak (m-E)		00:14:42	01:00:07	00:27:55	01:42:44
25	126 Rob Davies (m-F)		00:14:03	01:07:54	00:21:43	01:43:40
26	84 Rachael Woolston (f-H)	Fitbit RC	00:17:14	01:02:56	00:23:58	01:44:08
27	117 Paul Spensley (m-H)		00:16:11	01:03:43	00:24:31	01:44:25
28	106 John Reavley (m-J)		00:19:30	01:00:21	00:25:14	01:45:05
29	83 Catherine Bevan (f-I)	Fitbit RC	00:17:02	00:59:46	00:28:27	01:45:15
30	129 James Penfold (m-G)	Newdigate Occasionals	00:18:51	01:00:52	00:27:37	01:47:20
31	118 Matthew Kirkby (m-I)		00:20:03	00:59:11	00:28:14	01:47:28
32	120 Peter Barnes (m-K)	Brighton Multisports	00:22:36	00:57:33	00:28:22	01:48:31
33	93 Charlotte Craig (f-J)	Dorking & Mole Valley AC	00:15:24	01:03:35	00:29:53	01:48:52
34	89 Rebecca Hewlett (f-I)		00:14:40	01:04:27	00:30:29	01:49:36
35	110 Ed Adams (m-E)		00:18:33	01:04:29	00:27:38	01:50:40
36	86 Jo Freeman (f-H)		00:17:04	01:04:35	00:31:12	01:52:51
37	85 Anna Stavrianakis (f-G)	Fitbit RC	00:15:12	01:10:23	00:28:02	01:53:37
38	82 Vicky Cuming (f-I)		00:20:40	01:07:50	00:30:54	01:59:24
39	127 Keith Rouse (m-L)		00:18:45	01:12:42	00:30:55	02:02:22

40	111 James Prowting (m-D)		00:14:25	01:22:10	00:27:07	02:03:42
41	112 James Eglon (m-E)		00:17:57	01:16:18	00:34:11	02:08:26
42	76 Amy Rose (f-E)	Team THB	00:18:39	01:13:05	00:41:59	02:13:43
43	81 Angela Murray (f-K)	Mid Sussex Tri Club	00:30:52	01:11:44	00:31:41	02:14:17
44	88 Clare Roche (f-L)		00:24:08	01:12:31	00:37:54	02:14:33
45	121 Josh Warne (m-D)	Army Tri Association	00:21:51	01:12:56	00:40:24	02:15:11
--	95 Giles Kolter (m-I)		00:15:12	00:00:00		Retired Run
--	87 Valerie Barnes (f-K)	Brighton Multisports	00:00:00			Retired - DNS

White Bird Standard Distance Tri - OS (RELAY)

Rank	RaceNo	Name	Team	Swim	Bike	Run	FINISH	Rems
	1	67 Liz McLennan (f-G)	Lingfield Tri Club	00:25:09	01:25:46	00:45:13	02:36:08	
	2	68 Paul Wafer (m-I)	Old Ardinians 88	00:25:48	01:40:14	00:46:59	02:53:01	